

# CONSENT TO PARTICIPATE

## WAIVER

(Participation is voluntary)

I hereby give my permission for

\_\_\_\_\_  
(Participant's Name)

to participate in the AVC Volleyball Camp. In consideration of the acceptance of my child's application, we, as legal guardians, do hereby waive and release Antelope Valley Community College District, its volunteers and employees, any and all sponsors including volunteers and associates from all claims for damages, and for liability arising in travel to, participating in, and returning from this event. We have full knowledge of the risks involved in this event and there are no previous injuries or conditions that will limit my child's participation.

In the event of an accident or sudden illness, the sponsor has my permission to render whatever emergency medical treatment may be deemed necessary for the above named student.

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date

Upon request three business days before the event, reasonable accommodation will be provided to facilitate the participation of covered individuals with disabilities. Call (661) 722-6300, ext. 6360 (voice) or (661) 722-6362 (TDD).



ANTELOPE VALLEY COLLEGE  
Volleyball Camp

3041 West Avenue K, Lancaster, CA 93536



ANTELOPE VALLEY COLLEGE

24th annual summer

# Volleyball Camp

for Girls & Boys  
(5th grade through College)

**July 10-13, 2006**

**AVC Gymnasium**  
3041 W Avenue K, Lancaster

Sponsored by  
AVC Volleyball Club

*Don't miss this great opportunity to improve your game! The sessions will be limited to the first 50 participants.*

# SESSION I

# SESSION II

Monday-Thursday  
**July 10-13, 2006**

Monday-Thursday  
**July 10-13, 2006**

WHO: Girls & Boys  
GRADES: Entering  
5th through 8th  
TIME: 8 - 11:30 a.m.  
COST: \$125

WHO: Girls & Boys  
GRADES: Entering  
9th through College  
TIME: 1 - 6 p.m.  
COST: \$150

*After July 1st there will be a fee increase,  
\$150 for session I and \$175 for session II*

## SERVING AND ATTACKING

*Monday*

### Greg Gibbons

Greg is the former women's head coach at Cal Lutheran College and has moved on to be an assistant for the women's team at UC Santa Barbara.

He has been a head coach of many club teams where his teams were very successful. From 2003-2005 he was coordinator of volleyball affairs for the Pepperdine University Men's volleyball team.

## SETTING AND PASSING

*Tuesday*

### Rick McLaughlin

Rick is the new head women's coach at Golden West College. He was an assistant at UC Santa Barbara for the women's 2005 season. Most recently he spent four years as the top assistant coach with the Pepperdine men's volleyball team, helping the Waves capture the 2005 NCAA Championship. Rick also has extensive coaching experience at the national level, assisting the U.S. National men's and women's teams in 1993.

### Tom Pestolesi

Tom is the former women's volleyball coach at Irvine Valley College and is currently the coordinator of volleyball and the head men's coach. Tom was a star player at Cal State Long Beach and the University of Hawaii. Tom earned

All-American honors in 1982-1983 and has been an eight-time USAV All-American. Tom competes annually in the U.S. National Tournament. Tom has also coached for 15 years at the high school level.

## HITTING AND BLOCKING

*Wednesday*

### Turhan Douglas

Turhan is a successful college and club coach. He is beginning his fifth season as the head coach of the USC men's volleyball team.

Turhan went to USC from Pierce College. He was the men's head coach for the 1998-99 seasons and guided both men's and women's teams to the South Coast conference title. He was the women's head coach from 1993-98. He is now the co-founder of the Revolution Volleyball Club.

## REVIEW, DRILLS AND TEAM STRATEGIES

*Thursday*

### Ken Stanley

Ken, (BIG DADDY) has over 20 years of experience. During that time he won three men's State Championships at LA Pierce. He was an assistant coach for the United States Pan American Games in 1991. He has also coached the US Olympic festival Senior Elite Team. Last, but not least, he has coached three Olympians: Kevin Barnett, Bob Samuelson, and Jason Ring.

Registration is on a first come first serve basis for all sessions.

**SIGN UP EARLY!**

A volleyball camp t-shirt will be given to all participants. Athletic trainer will be available. Bring your own tape. AV College does not provide medical insurance. Waiver must be signed & filed with the college.

*For more information call:*

Jane Cwayna, (661) 722-6444 (AVC)  
or (661)722-6440 (athletic office)  
jcwayna@avc.edu

## **JULY 10-13, 2006 AVC VOLLEYBALL CAMP - REGISTRATION FORM**

I am registering for :

- SESSION I (\$125)  
 SESSION II (\$150)

*Fee increase after July 1st*

- SESSION I (\$150)  
 SESSION II (\$175)

Enclosed is a check for the amount of \$ \_\_\_\_\_

Please send registration form, camp fee, signed waiver, and a blank insurance claim form to Jane Cwayna, AVC Volleyball, 3041 W Avenue K, Lancaster, CA 93536.

Make check or money order payable to **AVC Volleyball** (tax deductible). All money must be paid in advance.

**No refund after July 1, 2006**

Name (Print) \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Street \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

School \_\_\_\_\_ Grade Entering \_\_\_\_\_

Insurance Carrier \_\_\_\_\_ **T-Shirt Sizes Adult:** Sm M L XL  
**Youth:** Sm M L

I hereby give my daughter/son permission to participate in the AVC Volleyball Camp.

For office use only:  
Session: I \_\_\_\_\_ II \_\_\_\_\_  
Amount received: \_\_\_\_\_  
Signed Waiver: Yes No  
Insurance Form: Yes No Date: \_\_\_\_\_

Signature (Parent/Guardian) \_\_\_\_\_

Date \_\_\_\_\_